



Balmer Lawn Hotel donates Gym Equipment to Ukraine During Spa Re-fit

7th April 2025

Chris and Alison Wilson, the owners of the iconic, four-star Balmer Lawn Hotel in Brockenhurst, New Forest, have donated Life Fitness multi-gym equipment to Ukraine, to be used to help the injured in their rehabilitation and recovery.

The equipment will be transported by the 'New Forest for Ukraine' charity, which is based in Lymington on the New Forest coast.

Comments from Chris Wilson, co-owner of the Balmer Lawn Hotel: "We are massively improving our spa and wellness offering, with a new Spa Reception and experience rooms, including a 15-person sauna, complete with volcanic salt wall, a 12-person steam room, 2 monsoon showers, and what will be the only ice room in the entire New Forest.

"We are also improving and upgrading the changing room facilities and anticipate that the whole project will be finished by the 1st May 2025.

After a chance encounter at a Christmas lunch with Martin Ade, one of the charity's volunteers, Chris decided to donate the equipment. It has already been dismantled and will shortly be transported to Ukraine where it will help injured Ukrainians.

John Allison, leader of New Forest for Ukraine said: "This is a fantastic donation from Chris and his team at Balmer Lawn, complementing the development of the spa facilities. We cannot thank them enough and we would like, in due course, to be able to share with them inspiring pictures of the equipment being used in Ukraine."

The new Spa development is just part of the continual upgrading of the hotel's facilities; in the last few years, the entire ground floor has been redeveloped and offers a fresh modern interior to relax and enjoy.